

# 2010 MINNESOTA BOYS TRACK and FIELD ANNUAL

(Abridged Version- All Time & Class Lists removed)

Compiled by Tim Miles of Saint John's University and  
Bill Miles of Wayzata High School

## **THANK YOU**

Thank you to all coaches and others who sent results. Your efforts are essential toward making these more nearly complete lists. Thanks to Minnesota's high school track and field athletes, past and present, whose outstanding performances make this effort enjoyable.

## **MEA CULPA**

Please forgive any errors or omissions and make us aware of them. We have done a rigorous search but are aware that neither our 2010 lists nor our all-time lists are complete.

## **TIMING**

The National Federation Rule Book states that unless a timing system is fully automatic, times registered in one-hundredth of a second must be rounded up to the next tenth-second. Example: 10.42 will be recorded as 10.5 unless fully automatic timing is used. In ranking performances, we add 0.24 to manual times to approximate the fully automatic timing equivalent. Example: a hand time of 11.0 seconds would be considered equivalent to a fully automatic time of 11.24 seconds.

## **METERS / YARDS**

Our All-Time Minnesota lists mix performances run at metric and English distances. Metric performances and their equivalents are listed. If the race was run at an English distance (yards), the actual performance follows name, school, and year in parentheses. Where an event was run only at the English distance and is no longer contested, performances are listed as run. Conversion factors vary by event and account for the slower pace of the longer event.

## **CONVERSION FACTORS**

220 yards x .9935 = 200 meters  
440 yards x .9933 = 400 meters  
880 yards x .9933 = 800 meters  
one mile x .9934 = 1600 meters  
two miles x .9937 = 3200 meters  
120 yard hurdles x 1.0025 = 110 meter hurdles  
440 yard relay x .9945 = 400 meter relay  
880 yard relay x .9942 = 800 meter relay  
one mile relay x .9933 = 1600 meter relay  
two mile relay x .9933 = 3200 meter relay  
one mile sprint medley x .9934 = 1600 meter sprint medley  
2.5 mile distance medley x .9934 = 4000 meter distance medley

## **2011 MINNESOTA BOYS TRACK AND FIELD ANNUAL**

To receive a free copy of the 2011 Minnesota Boys Track and Field Annual, send the following by June 30, 2011:

- (1) Your varsity meet results from May 1 through Sections – not just *your* team's performances, but complete meet results. However, if the meet is on [raceberryjam.com](http://raceberryjam.com), we will already have it. Indicate whether results are hand timing or fully automatic timing (FAT).
- (2) Send results from earlier meets if they include notable performances.
- (3) Correct spelling and the year in school of your athletes who might make a top 80 list.

Send to:  
Tim Miles  
Track and Field Coach  
Saint John's University  
Collegeville, MN 56321

## 100 METERS

### 2010 BESTS

10.50	Devin Crawford-Tufts	11	Edina
10.6	Aaron Wubben	10	Central Minnesota Christian
10.87	Anthony Gustafson	11	Faribault
10.88	Andrew Lewis	11	St. Paul Central/Open
10.89	Joe Cicchese	11	North St. Paul
10.90	LeAndre Kennedy	10	Eastview
10.93	Richard Wilhite	12	Robbinsdale Cooper
10.95	Nate Mattson	12	Hawley/Ulen-Hitterdal
10.96	Calvin Clark	11	St. Paul Humboldt
10.96	Isaac Fruechte	12	Caledonia/Spring Grove/M-C
[10]			
10.98	Tra Griffin	10	Forest Lake
10.99	D'Monte Farley	10	Park
10.99	Jason Williams	9	Minneapolis Washburn
11.00	Ben Vickstrom	11	Alexandria
11.00	Taylor King	11	Byron
11.03	Myint Maung	11	St. Paul Highland Park
11.04	Gideon Kendrick	12	Hopkins
10.8	Nick Lecy	12	Yellow Medicine East
11.05	John McCoy	11	White Bear Lake Area
11.07	Brandon Teske	11	Faribault
[20]			
11.07	Kevin Klocek	12	New Richland-H-E-G
11.08	Ryan Kuester	9	Glencoe-Silver Lake
11.08	Evan Williams	12	De La Salle
11.09	Andrew Lange	12	St. Cloud Cathedral
11.10	Herschel Brazell	11	Apple Valley
11.10	Kiemonte Fort-Baker	11	Coon Rapids
11.12	Jack Elsnes	12	Champlin Park
11.13	Devon Fleck	11	Spring Lake Park/St. Anthony
11.14	Matt Kasdagly	12	Eagan
11.14	Malik Glass	11	St. Paul Central/Open
[30]			
10.9	KeAndre Singleton	9	Minnetonka
11.15	Trey Johnson	11	Tartan
11.15	Michael Sandle	11	Eden Prairie
11.16	Ryan Olson	12	White Bear Lake Area
11.16	Donny Harder	12	Minneapolis Southwest
11.18	Blair Riegel	12	Lakeville South
11.19	Braden Bentley	12	Stewartville
11.20	Carmono Lane	12	Winona
11.20	Val Huerta	10	Woodbury
11.20	Victor Oseko	11	Hopkins
[40]			
11.20	Quinton Coleman	10	Duluth East
11.21	Beau Bofferding	10	Marshall
11.22	Ezekiel Okeleye	11	East Ridge
11.22	Larry Mbayu	12	Roseville Area
11.22	Jarod Jackson	10	Wayzata
11.23	Jeff Rada	12	North St. Paul
11.23	Patrick Mendin	9	Blaine
11.23	Cedric Chappell	12	Minneapolis Washburn
11.24	Matt Glasgow	11	White Bear Lake
11.0	Zach Riopelle	12	West Marshall
[50]			
11.25	Bryce Johnson	12	Rochester Mayo
11.26	Trent Bertamus	10	Lakeville South
11.26	Shawn Berg	12	Dover-Eyota/St. Charles
11.27	Nick Weis	12	Sauk Rapids-Rice
11.27	Alex Schliesman	11	Martin County West
11.27	Montrel Hemsworth	12	Foley
11.27	Jake Nelson	12	Pierz
11.28	Kenneth McChristian	12	Bloomington Jefferson
11.28	Andrew Anderson	12	Rosemount
11.28	Dayo Ogundepo	10	East Ridge
[60]			
11.29	Zach Vraa	12	Rosemount
11.29	Trent Holewa	12	Maple Grove
11.29	Taylor Berger	12	Elk River
11.30	Will Darling	12	Austin
11.30	Nik Ihlang	11	Chanhassen
11.30	Matt Siewert	12	Eagan
11.30	Adam Drenckhahn	10	Caledonia/Spring Grove/M-C
11.30	Connor Jevning	12	East Grand Forks
11.31	Brandon McLaughlin	12	Bloomington Jefferson
11.32	Profit Idowu	12	Woodbury
[70]			
11.32	Jake Heifort	12	North St. Paul
11.32	Joe Carpenter	11	St. Michael-Albertville
11.32	Corey Landowski	11	Sauk Rapids-Rice
11.32	Sam Conrad	12	Albany
11.33	Eyram Tay	11	Prior Lake
11.33	Karimu Korngor	11	Irondale
11.33	Cory Lushansko	11	Chisago Lakes
11.1	Brendan Coker	11	Rochester Century
11.1	George Osoro	11	Shakopee
11.1	Brandon Schow	11	Willmar
[80]			

11.1	Sam Conner	11	Osseo
11.1	Markus Whittaker	12	Wayzata
11.34	Derek Wilson	12	Blaine
11.34	Jake Jensen	12	South St. Paul
11.34	Richard Russ	12	Hopkins
11.1	Jay Rogotzke	12	Gibbon-Fairfax-Winthrop
11.1	Barrett Hutton	9	BOLD/Bufalo Lake-Hector

## 200 METERS

### 2010 BESTS

21.24	Devin Crawford-Tufts	11	Edina
21.66	Trent Holewa	12	Maple Grove
21.80	Matt Schroeder	12	Totino-Grace
21.84	Andrew Lewis	11	St. Paul Central/Open
21.89	Victor Oseko	11	Hopkins
21.91	Calvin Clark	11	St. Paul Humboldt
21.99	Patrick Mendin	9	Blaine
22.01	Christian Scapanski	11	Foley
22.11	Ben Vickstrom	11	Alexandria
22.11	Nate Mattson	12	Hawley/Ulen-Hitterdal
[10]			
22.14	Richard Wilhite	12	Robbinsdale Cooper
22.15	Zach Gearman	12	Burnsville
22.15	David Shaddock	10	Spring Lake Park/St. Anthony
22.20	Anthony Gustafson	11	Faribault
22.20	Zach Gearman	12	Burnsville
22.20	Josh Nielsen	12	Forest Lake
22.23	Blair Riegel	12	Lakeville South
22.26	Joe Cicchese	11	North St. Paul
22.26	Kevin Klocek	12	New Richland-H-E-G
22.29	Dan Guelle	12	Hastings
[20]			
22.29	Jason Williams	9	Minneapolis Washburn
22.31	Quinton Coleman	10	Duluth East
22.32	Frank Falzone	12	Stillwater Area
22.33	Taylor Berger	12	Elk River
22.34	D'Monte Farley	10	Park
22.1	Devonte Diamond	10	Henry Sibley
22.40	Henry Darling	12	Austin
22.40	John McCoy	11	White Bear Lake Area
22.41	Myint Maung	11	St. Paul Highland Park
22.42	Ryan Olson	12	White Bear Lake Area
[30]			
22.44	Devin Hester	11	Tartan
22.46	Matt Siewert	12	Eagan
22.48	Kiemonte Fort-Baker	11	Coon Rapids
22.49	Dan Lauer	11	Brainerd
22.51	Greg Muller	12	Luverne
22.51	Nick Lecy	12	Yellow Medicine East
22.51	Alex Burg	12	Albany
22.53	Andrew Lange	12	St. Cloud Cathedral
22.53	Chris Carlson	11	Proctor
22.3	Jerome Begin	11	Buffalo
[40]			
22.55	Donny Harder	12	Minneapolis Southwest
22.55	Seth Friedrich	12	Pine Island
22.56	Michael Corgwell	12	Osseo
22.56	Montrel Hemsworth	12	Foley
22.58	Jake Nelson	12	Pierz
22.61	Mitch New	11	Forest Lake
22.63	Brandon McLaughlin	12	Bloomington Jefferson
22.64	Beau Bofferding	10	Marshall
22.64	Malik Glass	11	St. Paul Central/Open
22.4	Paul DeSalvo	12	Robbinsdale Armstrong
[50]			
22.4	Markus Whittaker	12	Wayzata
22.67	Jay Rogotzke	12	Gibbon-Fairfax-Winthrop
22.68	Kenneth McChristian	12	Bloomington Jefferson
22.68	Shawn Berg	12	Dover-Eyota/St. Charles
22.69	Sherome Milton	12	De La Salle
22.70	James Moore	12	Mankato East
22.70	Jimmy Mireri	12	Fridley
22.71	Mike Hirsch	12	Austin
22.71	Hillary Luke	12	Richfield
22.73	David Stanley	11	Roseville Area
[60]			
22.74	Derek Yochim	12	Blaine
22.5	Conner Jevning	12	East Grand Forks
22.75	Michael Sandle	11	Eden Prairie
22.76	Tra Griffin	10	Forest Lake
22.76	Lincoln Arnold	12	Morris Area
22.77	Andrew Hausmann	11	Rosemount
22.78	Brandon Teske	11	Faribault
22.81	Dayo Ogundepo	10	East Ridge
22.81	Jeff Rada	12	North St. Paul
22.83	Davonte Hawkins	11	St. Paul Central/Open
[70]			
22.83	Keith Dahl	12	Centennial
22.83	Casey Kooiker	11	Pipestone Area
22.6	Lars Egge	12	Robbinsdale Armstrong
22.84	Nick Geraghty	11	Moorhead

22.85	Carmono Lane	12	Winona	51.36	Dan Cook	11	South St. Paul
22.85	KeAndre Singleton	9	Minnetonka	51.38	Fabien Dubbe	11	New Prague
22.87	Goaner Deng	11	Rosemount	51.38	Phil Davies	11	Coon Rapids
22.87	Matt Glasgow	11	White Bear Lake Area	51.40	Chase Cleveland	10	Rogers
22.88	Wade Kerner	11	Roseau	51.41	Matt Tiegs	12	Albert Lea
22.89	Matt Kasdagly	12	Eagan	51.41	Tom Gruchow	11	Menahga/Sebeka
[80]				51.43	Jacob Bentley	12	Austin
22.89	Chris Hatcher	12	Minneapolis South	51.44	Chris Mergens	11	Rosemount
				51.45	Nick Anderson	12	Esko
				[80]			

## 400 METERS

### 2010 BESTS

47.78	Calvin Clark	11	St. Paul Humboldt
48.35	Frank Falzone	12	Stillwater Area
48.66	Zach Gearman	12	Burnsville
48.70	Paul DeSalvo	12	Robbinsdale Armstrong
48.76	Dan Guelle	12	Hastings
49.01	Henry Darling	12	Austin
49.07	Josh Nielsen	12	Forest Lake
49.29	John McCoy	11	White Bear Lake Area
49.31	Goaner Deng	11	Rosemount
49.35	Sam Miner	12	Winona
[10]			
49.49	Dan Gorghuber	11	Alexandria
49.61	Beau Bofferdind	10	Marshall
49.66	Lincoln Arnold	12	Morris Area
49.73	Wade Kerner	11	Roseau
49.75	James Moore	12	Mankato East
49.79	Nick Teetzel	12	Buffalo
49.83	Chris Whelan	12	Maple Grove
49.88	Matt Schroeder	12	Totino-Grace
49.92	Ben Greenwald	11	St. Paul Academy Summit
49.94	Nik Ihlang	11	Chanhassen
[20]			
49.95	Brandon McLaughlin	12	Bloomington Jefferson
49.98	Ausin Salargo	10	Hopkins
50.00	Will Darling	12	Austin
50.04	Wesley DeLong	10	Pillager
50.05	Andrew Hausmann	11	Rosemount
50.08	Chris Carlson	11	Proctor
50.13	Jimmy Mireri	12	Fridley
50.14	Donny Harder	12	Minneapolis Southwest
50.20	Ryan Olson	12	White Bear Lake Area
50.21	Isaac Schrantz	11	Owatonna
[30]			
50.27	Jesse Fenstermacher	12	Hibbing
50.27	Sean Tyree	12	Blake
50.36	Michael Kemmerer	11	Holy Family Catholic
50.47	Ken Broden	12	North Branch
50.57	Eli Fark	12	St. Cloud Tech
50.57	Joe Johnson	12	Beckenridge/Campbell-Tintah
50.58	D.J. Cline	10	Ottertail Central
50.62	Will Collin	11	Worthington
50.63	Dave Collins	11	Shakopee
50.64	Mark Hoge	12	Crosby-Ironton
[40]			
50.65	Eric Gebeke	10	White Bear Lake Area
50.65	Rashawn Fountain	10	Eden Prairie
50.69	Andrew Roiger	12	Lac Qui Parle/Dawson Boyd
50.70	Neal Goff	10	Stillwater Area
50.74	Mike Zrust	11	Blaine
50.77	Hillary Luke	12	Richfield
50.80	Keenen Clerkley	12	Eden Prairie
50.87	Tyler Grubb	11	Farmington
50.87	David Platner	11	Eden Prairie
50.91	Ryan Downes	10	Eagan
[50]			
50.92	Makao Day	9	Stillwater Area
50.96	Mitch Reiser	11	Caledonia/Spring Grove/M-C
50.98	Demetre Growette	11	Cannon Falls
50.98	Marcus Thames	12	Minneapolis North
51.00	Mitch New	12	Forest Lake
51.02	Kyle Castello	11	Winona
51.07	Jacob Schauer	11	Totino-Grace
51.07	Adam Schultz	10	Fairmont
51.08	Tyler Denn	11	St. Clair
51.10	Derek Yochim	12	Blaine
[60]			
51.10	Victor Oseko	11	Hopkins
51.10	John Omann	12	Pierz
51.12	Dalton Kuehl	12	Sibley East
51.15	Jay Rogotzke	12	Gibbon-Fairfax-Winthrop
51.16	Tom Hansen	11	Coon Rapids
51.0	Jake Scott	12	St. Agnes/St. Bernard
51.28	Brian Jarvey	10	Wayzata
51.29	Adam Russell	10	Wheaton/Herman-Norcross
51.31	Peter Humenick	12	Bemidji
51.35	Walid Keita	10	Northfield/Art Tech
[70]			
51.35	Andrew Tessier	12	Mahtomedi

## 800 METERS

### 2010 BESTS

1:51.69	Sam Miner	12	Winona
1:53.62	Mark Gilkerson	12	Park Center
1:53.96	Michael Bolland	11	Burnsville
1:54.08	Jacob Sandry	12	Bloomington Jefferson
1:54.34	Eric Gebeke	10	White Bear Lake Area
1:54.84	Brian Gooley	12	Osseo
1:54.90	Jesse Fenstermacher	12	Hibbing
1:55.13	David Platner	11	Eden Prairie
1:55.95	Adam Moline	11	Wayzata
1:56.07	Brian Brochman	12	Stillwater Area
[10]			
1:56.23	Peter Johanson	11	Anoka
1:56.45	Alex Schoneberger	11	Bemidji
1:56.67	Blayne Dulian	12	Coon Rapids
1:56.6	Andy Fenske	12	Park Center
1:56.89	Justin Weigel	12	Forest Lake
1:57.11	Brian Saksa	12	Dassel-Cokato
1:57.21	Tyler Warren	12	Litchfield
1:57.25	Dan Fitzpatrick	12	St. Thomas Academy
1:57.33	Chandler Dye	10	Rosemount
1:57.33	Christian Skaret	11	Minnetonka
[20]			
1:57.33	Max Johnson	12	Wayzata
1:57.42	Matt Dietrich	10	Buffalo
1:57.2	Paul DeSalvo	12	Robbinsdale Armstrong
1:57.56	Ryan Erdman	10	Mankato East
1:57.57	Scott Jensen	12	New Prague
1:57.78	Tyler Larson	11	Northfield/Art Tech
1:57.7	Eric Jorgenson	12	Osseo
1:57.98	Ryan Swenson	11	Lac Qui Parle/Dawson-Boyd
1:58.07	Keaton Wendroth	12	Rochester Mayo
1:58.13	Justin Cook	11	Jackson County Central
[30]			
1:58.15	Sam Jacobwith	10	Hopkins
1:58.26	Tim Erickson	12	Austin
1:58.27	Logan Ramer	12	Kasson-Mantorville
1:58.33	Craig Huhtala	12	Grand Rapids
1:58.44	O.J. Ojullu	11	Worthington
1:58.49	James Steffel	12	St. Paul Highland Park
1:58.53	Nick Teetzel	12	Buffalo
1:58.56	Tarek Abdelkhalig	12	Irondale
1:58.72	Chris Mergens	11	Rosemount
1:58.73	Mark Gallagher	12	Lakeville South
[40]			
1:58.74	Wyatt Doop	12	Orono
1:58.78	Jack Peterson	11	Irondale
1:58.6	Jake Autio	12	St. Michael-Albertville
1:58.94	Sam Bach	11	Lakeville North
1:58.94	Chris Wilson	12	Wayzata
1:58.98	Mohamed Mohamed	11	Eden Prairie
1:59.00	Mason Ferlic	11	Mounds Park Academy
1:59.12	Kyle Haugen	12	Lakeville North
1:59.13	Tony Aeshliman	12	Rogers
1:59.20	Jonathan Sampers	12	Rosemount
[50]			
1:59.22	Hayden Troy	12	Minnetonka
1:59.24	Mammad Nurie	12	Blaine
1:59.46	David Miller	11	St. Thomas Academy
1:59.51	Levi Freedly	12	Farmington
1:59.51	Zach Nelson	11	Robbinsdale Armstrong
1:59.55	Nick Cockriel	11	Spring Lake Park/St. Anthony
1:59.60	Zach Haus	10	Fergus Falls
1:59.62	Zach Storm	12	Mankato West
1:59.62	Ryan Ness	12	Woodbury
1:59.63	Stefan Lemke	12	Morris Area
[60]			
1:59.80	Dan Kremer	11	Blaine
1:59.88	Matt Nicolai	12	Moorhead
1:59.89	Matt Rosen	8	Bloomington Jefferson
1:59.92	Trevor Rasmussen	12	Albert Lea
1:59.94	Connor Gjevre	12	Annandale
2:00.02	C.J. Seifert	12	Willmar
2:00.03	Wesley DeLong	10	Pillager
2:00.05	Adam Garfield	12	South St. Paul
2:00.06	Abbabiya Simbassa	11	Bloomington Kennedy
2:00.08	Marcus Huderle	12	Eden Prairie
[70]			

2:00.09	Devin Martens	12	Apple Valley	[70]		
2:00.10	Collin Randolph	11	Richfield	4:29.95	Glen Ellingson	10 Moorhead
1:59.9	John Subialka	12	Wayzata	4:30.05	Tom Mountain	12 Cretin-Derham Hall
2:00.19	Ryan Gregory	12	Mahtomedi	4:30.15	Chalmer Combellick	10 Clinton-Graceville-Bearsley/C-A
2:00.25	Erick Meszaros-Jones	12	Eden Prairie	4:30.0	Eric Schmidt	12 Hutchinson
2:00.29	Kellen Braren	12	Pequot Lakes	4:30.40	Alec Olson	10 Chanhassen
2:00.33	Kyle Mills	12	Rosemount	4:30.47	Matt Jergenson	11 Caledonia/Spring Grove/M-C
2:00.34	Spencer Grow	11	Anoka	4:30.49	Mark Harries	11 Wayzata
2:00.35	Jeff Cottrell	12	Hermantown	4:30.50	Andrew Thies	11 Sibley East
2:00.38	Luke Iverson	11	Maple Grove	4:30.51	Riley Macon	10 Rochester Mayo
[80]				4:30.3	Anthony Aeshliman	12 Rogers
				[80]		

## 1600 METERS

### 2010 BESTS

4:12.11	Jacob Sandry	12	Bloomington Jefferson
4:13.59	Brian Brochman	12	Stillwater Area
4:14.80	Blayne Dulian	12	Coon Rapids
4:15.39	Jake Autio	12	St. Michael-Albertville
4:17.27	Christian Skaret	11	Minnetonka
4:18.43	Justin Weigel	12	Forest Lake
4:18.64	Andy Fenske	12	Park Center
4:18.66	Adam Zutz	11	St. Francis
4:20.04	Cole O'Brien	10	Burnsville
4:20.57	Max Johnson	12	Wayzata
[10]			
4:20.64	Wyatt Doop	12	Orono
4:20.73	Mohamed Mohamed	11	Eden Prairie
4:21.27	Aaron Bartnik	11	Eden Prairie
4:21.30	Brian Gooley	12	Osseo
4:21.63	Mubarik Musa	10	Worthington
4:21.80	Oliver Haugland	12	Wayzata
4:21.86	Mason Ferlic	11	Mounds Park Academy
4:22.13	Bryant Blahnik	11	Red Wing
4:22.50	Paul Koulick	12	Blake
4:22.79	Marty Joyce	12	Woodbury
[20]			
4:22.82	Tom Linner	10	Stillwater Area
4:22.91	Chris Mueller	12	Eden Prairie
4:23.03	Michael Van Voorhis	12	St. Paul Central/Open
4:23.14	Aldis Inde	11	Edina
4:23.17	Ryan Ness	12	Woodbury
4:23.25	Ryan Swenson	11	Lac Qui Parle/Dawson-Boyd
4:23.46	Josh Thorson	10	Wayzata
4:23.52	Marquez Hobson	12	Minneapolis Southwest
4:23.66	Shane McCallum	11	Rosemount
4:24.02	Erik Rosvold	11	Eastview
[30]			
4:24.31	Adam Moline	11	Wayzata
4:24.37	Connor Gjevre	12	Annandale
4:24.45	Keaton Wendroth	12	Rochester Mayo
4:24.45	Jimmy Dean	12	Brainerd
4:24.54	Will Versen	12	Hopkins
4:24.83	Stefan Lemke	12	Morris Area
4:25.43	Trent Lusignan	11	Shakopee
4:25.47	Jon Michael-Brandt	12	Winona
4:25.49	Kamal Jarso	12	St. Paul Central/Open
4:25.69	Ryan Nichols	12	Stillwater Area
[40]			
4:25.70	Grant Timm	11	Plainview-Elgin-Millville
4:25.89	John Subialka	12	Wayzata
4:25.99	Ben Saxton	10	Lakeville North
4:25.99	Craig Huhtala	12	Grand Rapids
4:26.82	Sam Leese	11	Edina
4:26.89	C.J. Seifert	12	Willmar
4:26.91	Nate Engel	12	Wayzata
4:26.95	Michael Unruh	12	Henry Sibley
4:27.58	Parker Wharram	10	Mound Westonka
4:27.62	Grady Anderson	12	Hibbing
[50]			
4:27.73	Jordan Smith	12	Cromwell
4:27.75	Troy Koivisto	10	Dassel-Cokato
4:27.84	Zach Roozen	10	Mounds View
4:28.00	Josh Wurdemann	12	Rush City
4:28.07	Spencer Ruebke	12	Ada-Borup
4:28.33	Nate Heintzeman	11	Wayzata
4:28.74	Steve Dado	11	Totino-Grace
4:28.80	Jan Ketterson	10	Bloomington Jefferson
4:28.90	Alex Johnson	11	Maple Grove
4:29.05	Kirby Neaton	12	Mahtomedi
[60]			
4:29.31	Steven Donahue	11	Wayzata
4:29.1	Erick Meszaros-Jones	12	Eden Prairie
4:29.1	Marcus Huderle	12	Eden Prairie
4:29.36	Nathan Larson	11	Rochester Century
4:29.36	Jeremy Sass	12	Waseca
4:29.49	Alex Ciesielski	12	Minneapolis South
4:29.56	Wayde Hall	9	Stillwater Area
4:29.58	Hayden Troy	12	Minnetonka
4:29.67	Matt Berens	11	North St. Paul
4:29.77	Austin Woetzel	11	Blaine

## 3200 METERS

### 2010 BESTS

9:16.21	Jake Autio	12	St. Michael-Albertville
9:17.32	Jacob Sandry	12	Bloomington Jefferson
9:18.21	Aldis Inde	11	Edina
9:18.48	Oliver Haugland	12	Wayzata
9:18.63	Josh Thorson	10	Wayzata
9:21.32	Aaron Bartnik	11	Eden Prairie
9:23.30	Cole O'Brien	10	Burnsville
9:24.31	Andy Fenske	12	Park Center
9:24.88	Jon-Michael Brandt	12	Winona
9:25.25	Mohamed Mohamed	11	Eden Prairie
[10]			
9:25.47	Paul Koulick	12	Blake
9:25.72	Adam Zutz	11	St. Francis
9:25.75	Christian Skaret	11	Minnetonka
9:26.58	Marty Joyce	12	Woodbury
9:27.55	Kemal Jarso	12	St. Paul Central/Open
9:27.62	Mason Ferlic	11	Mounds Park Academy
9:27.65	Mubarik Musa	10	Worthington
9:28.57	Kyle Bratrud	11	Eden Prairie
9:32.00	Alex Ciesielski	12	Minneapolis South
9:32.10	Sam Leese	11	Edina
[20]			
9:32.41	Chris Mueller	12	Eden Prairie
9:32.85	Wayde Hall	9	Stillwater Area
9:33.16	Bryant Blahnik	11	Red Wing
9:33.62	Kyle Economy	12	Chaska
9:33.86	Nate Engel	12	Wayzata
9:35.15	Jake Brown	12	Minnehaha Academy
9:35.46	John Subialka	12	Wayzata
9:35.95	Matt Jergenson	11	Caledonia/Spring Grove/M-C
9:36.05	Steve Dado	11	Totino-Grace
9:36.92	Tom Linner	10	Stillwater Area
[30]			
9:37.85	Brian Anderson	12	St. Thomas Academy
9:37.97	Trent Lusignan	11	Shakopee
9:37.99	Ryan Ness	12	Woodbury
9:38.21	Landon Lozano	12	Wayzata
9:38.35	Grady Anderson	12	Grand Rapids
9:38.87	Adam Braun	11	Totino-Grace
9:39.49	Matt Berens	11	North St. Paul
9:39.71	Bjorn Thompson	11	Edina
9:39.86	Mark Harries	11	Wayzata
9:40.16	Ryan Nichols	12	Stillwater Area
[40]			
9:40.27	Zach Roozen	10	Mounds View
9:40.91	John Klecker	10	Hopkins
9:41.03	Austin Woetzel	11	Blaine
9:41.12	Josh Wurdemann	12	Rush City
9:41.33	Devin Hess	12	Mounds View
9:41.51	Jimmy Dean	12	Brainerd
9:41.58	Glen Ellingson	10	Moorhead
9:42.11	Marquez Hobson	12	Minneapolis Southwest
9:42.12	Abdul Salah	10	Burnsville
9:42.36	Jan Ketterson	10	Bloomington Jefferson
[50]			
9:43.18	Sam Stoll	12	Perham
9:43.33	Grant Wintheiser	11	St. Cloud Cathedral
9:43.49	Troy Koivisto	10	Dassel-Cokato
9:43.50	Bryon Scholdt	10	Nevis
9:44.36	Paul Thompson	12	Eastview
9:44.49	Michael Van Voorhis	12	St. Paul Central/Open
9:44.82	Joel Reichow	10	White Bear Lake
9:45.53	Sidney Speir	9	Eagan
9:45.92	Cullen Shanrock	11	Wabasha-Kellogg
9:46.21	Jon Wedemeier	11	Buffalo
[60]			
9:46.32	Jensen Orlov	10	Holy Family Catholic
9:46.56	Shane McCallum	11	Rosemount
9:47.19	Lukas Gemar	11	Moorhead
9:47.48	Marcus Huderle	12	Eden Prairie
9:48.01	Ben Saxton	10	Lakeville North
9:48.12	Will Burke	9	Edina
9:48.59	Nathan Rock	10	Rosemount
9:49.00	Connor Gjevre	12	Annandale
9:49.60	Michael Rough	12	Hastings

9:49.98 [70]	Micheale Tessema	12	Burnsville	15.64	Justin Emmerich	11	Andover
9:50.14	Ochan Adome	12	Mankato East	15.64	Matt Flotterud	12	St. Croix Lutheran
9:50.23	Hunter Kopff	11	Monticello	[70]			
9:50.0	Erik Rosvold	11	Eastview	15.65	Matt Buhmann	12	Elk River
9:50.42	Alec Schultz	12	Orono	15.65	Aaron Dunphy	11	Marshall School Duluth
9:50.47	David Kennedy	11	Coon Rapids	15.66	Jesse Wolfe	10	Centennial
9:50.68	Sam Saccoman	12	Hibbing	15.66	Scott Williams	11	Wayzata
9:50.83	Michael Griep	12	Eastview	15.66	Colby Mavencamp	12	Maple Lake
9:51.00	C.J. Seifert	12	Willmar	15.67	Ben Ojika	9	Irondale
9:50.8	Adam Moline	11	Wayzata	15.67	Mitchell Franzwa	11	St. Cloud Tech
9:51.40 [80]	Tyler Olson	11	Maple Grove	15.67	Steven Talsma	12	Southwest Minnesota Christian
				15.68	James Musech	11	Annandale
				15.69	Raoaf Barboza	10	Lakeville South
				[80]			

## 110 METER HURDLES

### 2010 BESTS

14.32	Zach Vraa	12	Rosemount
14.53	R.J. Alowonle	10	Park
14.67	Colin Paarmann	11	Mankato East
14.81	Jerome Begin	11	Buffalo
14.85	Brian Grand	12	North Branch
14.92	Rahmaan Patterson	12	De La Salle
14.93	Dustin Britten	12	Grand Rapids
14.95	Jeremy Duruji	12	Owatonna
14.96	Dan Gorghuber	11	Alexandria
14.97	Trevor Koester	12	Glencoe-Silver Lake
[10]			
15.00	Matt Winkels	12	Perham
15.06	Rashad Cohen	10	Minnnetonka
15.09	Mark Rice	12	Maple Grove
15.10	Vincent Richardson	12	Simley
15.11	Emeche Wells	10	Roseville Area
15.11	Shandon Jones	12	Pipestone Area
15.13	Ben Ruth	12	Lakeville South
15.14	Larry Frazier	12	Robbinsdale Cooper
15.15	Nathan Harder	12	Deer River/Northland
15.18	Dylan Bungum	12	Triton
[20]			
15.18	Brandon Berger	11	Worthington
15.24	Marshall Davis	11	Stillwater Area
15.25	Tony Szech	12	Long Prairie-Grey Eagle
15.26	Dan Vagle	12	St. Paul Highland Park
15.28	Matt Zietlow	12	Rochester Mayo
15.28	Derrick Mora	11	Egan
15.29	David Ackermann	12	Blaine
15.29	Angus Stoudt	10	Minnnetonka
15.29	Louis Gilbertson	12	Mahtomedi
15.30	Dalton Kirk	12	Tracy-Milroy-Balaton
[30]			
15.1	Nathan Carr	12	Blue Earth Area
15.35	Danny Virgin	11	Eden Prairie
15.35	Damiloa Mafe	11	Hopkins
15.39	Aaron Courtright	12	Blaine
15.40	Will Darling	12	Austin
15.41	Greg Muller	12	Luverne
15.42	Michael Golling	12	Moorhead
15.42	Dan Knapper	12	MACCRAY/Renville County West
15.42	Andrew Ferguson	12	St. Clair
15.43	Graham Stock	12	Mankato West
[40]			
15.43	Will Diepholz	12	Eagan
15.43	Josh Boyda	12	Gibbon-Fairfax-Winthrop
15.43	Gathin Veldhuizen	11	Pipestone Area
15.44	Travis Collins	11	Delano
15.2	Blake Bordson	12	Hutchinson
15.45	Shane White	10	Pillager
15.46	Adam Bungum	10	Triton
15.47	Tommy Tjepkes	12	Plainview-Elgin-Millville
15.49	Michael Frisbie	10	Totino-Grace
15.50	Ronald Walters	10	Brainerd
[50]			
15.51	Derek Heussner	12	Orono
15.51	Brady Johnson	12	Woodbury
15.51	Patrick Nelson	11	Wayzata
15.52	Seth Treptow	11	United South Central/Alden-Conger
15.53	Jack Bjorklund	12	South St. Paul
15.53	DeShawn Crutch	10	Andover
15.53	Jarret Imlay	10	Lake Crystal-Wellcome Mem/Nicollet
15.54	Pat Zoller	10	Annandale
15.3	Caleb VandeWege	12	Rpseau
15.55	Michael Probert	12	Andover
[60]			
15.56	Ryan DeRoeck	12	Sartell-St. Stephen
15.58	Reed Bjork	11	Rochester Lourdes
15.58	Jake Happ	12	Meadow Creek Christian
15.58	Emerson Ludwig	10	La Crescent
15.58	Nathan Dennis	12	Plainview-Elgin-Millville
15.61	Joey Booker	10	Mankato West
15.62	Vidal Vance	11	White Bear Lake Area
15.4	Enrique Gutierrez	11	Shakopee

## 300 METER HURDLES

### 2010 BESTS

37.89	R.J. Alowonle	10	Park
37.97	Brian Grand	12	North Branch
38.07	Jerome Begin	11	Buffalo
38.52	Zach Vraa	12	Rosemount
38.72	Will Darling	12	Austin
38.76	Jordan Jarland	12	Lanesboro/Fillmore Central
38.83	Brady Johnson	12	Woodbury
38.86	Larry Frazier	12	Robbinsdale Cooper
38.90	Aaron Courtright	12	Blaine
39.03	Joel Bauman	12	Benson/Kerkhove-Murdock-Sunburg
[10]			
39.21	Emeche Wells	10	Roseville Area
39.25	Rashawn Fountain	10	Eden Prairie
39.30	Trevor Koester	12	Glencoe-Silver Lake
39.35	Anthony Puckett	12	Mayer Lutheran
39.45	Nathan Carr	12	Blue Earth Area
39.48	Dan Knapper	12	Renville County West/MACCRA
39.52	Matt Buhmann	12	Elk River
39.87	Tommy Tjepkes	12	Plainview-Elgin-Millville
39.89	Dustin Britten	12	Grand Rapids
39.95	Tony Szech	12	Long Prairie-Grey Eagle
[20]			
39.97	Naakoo Omot	11	Worthington
40.03	Graham Stock	12	Mankato West
40.04	Marshall Davis	11	Stillwater Area
39.8	Blake Bordson	12	Hutchinson
40.06	Travis Collins	11	Delano
40.07	Luke Beigle	11	North St. Paul
40.13	Matt Zietlow	12	Rochester Mayo
40.15	Mark Rice	12	Maple Grove
40.15	Sam Stokes-Cerkvenik	11	Virginia
40.24	Mark Pederson	11	Rocori
[30]			
40.27	Connor Neal	10	Shakopee
40.28	Michael Golling	12	Moorhead
40.29	Luke Pennington	10	Little Falls
40.36	Rashad Cohen	10	Minnnetonka
40.39	Vincent Richardson	12	Simley
40.46	Anton Hesse	11	Minneapolis Southwest
40.47	Chris Rader	12	Coon Rapids
40.48	Antonio Haynie	11	Spring Lake Park/St. Anthony
40.52	Enrique Gutierrez	11	Shakopee
40.52	Wilbur Hubbard	11	Roseville Area
[40]			
40.55	Michael Jenson	12	Zimmerman
40.64	Adam Bungum	10	Triton
40.66	Cole Fuchs	10	Byron
40.68	Conor Manning	10	Rosemount
40.68	Amos Schmidt	12	Bertha-Hewitt/Verdale
40.70	Dylan Hass	11	Princeton
40.70	James Greiner	11	Eveleth-Gilbert
40.74	Mike Richter	12	White Bear Lake Area
40.78	Justin Emmerich	11	Andover
40.83	Shandon Jones	12	Pipestone Area
[50]			
40.84	Seth Treptow	11	United South Central/Alden-Conger
40.86	Andrew Gutknecht	10	Buffalo
40.86	Greg Muller	12	Luverne
40.95	Justin Murray	12	North Branch
40.96	Cameron Young	11	Minneapolis Washburn
40.99	Marty Mueller	12	St. Michael-Albertville
41.01	Chris Parrill	12	Irondale
41.03	Eric Krupke	10	Eastview
41.03	Lamont Diggs	12	Fridley
41.07	Davis Ellingson	11	Stillwater Area
[60]			
41.08	Jeremy Schendel	11	Willmar
41.08	Jesse Kipp	12	Fergus Falls
41.10	Will Diepholz	12	Eagan
41.10	Dan Vagle	12	St. Paul Highland Park
41.12	Angus Stoudt	10	Minnnetonka
41.14	Justin McMurty	11	Fairmont
41.17	John Brisbois	10	Eden Prairie

41.17	Derrick Mora	11	Eagan
41.19	Derek Heussner	12	Orono
41.19	Jordan Sefon	11	Richfield
[70]			
41.20	Ryan DeRoeck	12	Sartell-St. Stephen
41.20	Gathin Veldhuizen	11	Pipestone Area
41.21	Brandon Berger	11	Worthington
41.0	Denis Mikulic	12	Mounds View
41.26	Erik Bye	10	Moorhead
41.27	Cody Cannon	11	Morris Area
41.28	Louis Gilbertson	12	Mahtomedi
41.29	Nathan Kudo	12	St. Paul Central/Open
41.29	Taylor Bodin	12	Renville County West/MACCRA
41.33	Braxton Ball	12	Hermantown
[80]			

44.76	Rochester Century
44.76	Fairmont
44.78	Two Harbors
44.85	St. Michael-Albertville
44.85	Pipestone Area
[70]	
44.94	Simley
44.94	Grand Rapids
44.99	Little Falls
45.01	Delano
45.03	Minnesota Valley Lutheran
45.04	Minneapolis North
44.8	East Grand Forks
45.08	Monticello
45.11	Farmington
45.11	Providence Academy
[80]	

## 400 METER RELAY

### 2010 BESTS

42.42	Eden Prairie
42.44	Edina
42.67	North St. Paul
42.68	St. Paul Central/Open
42.	
72	Lakeville South
42.83	Woodbury
43.10	Hopkins
43.12	De La Salle
43.21	Brainerd
43.29	Mounds View
[10]	
43.30	Spring Lake Park/St. Anthony
43.33	Rosemount
43.38	Forest Lake
43.42	Apple Valley
43.46	Roseville Area
43.46	Blaine
43.46	Maple Grove
43.54	Minneapolis Washburn
43.62	Foley
43.63	Stewartville
[20]	
43.64	White Bear Lake Area
43.65	Elk River
43.65	Sartell-St. Stephen
43.69	Osseo
43.71	Eastview
43.79	Minnetonka
43.80	Eagan
43.80	Wayzata
43.81	East Ridge
43.89	Irondale
[30]	
43.91	Mankato East
43.95	Caledonia/Spring-Grove/Mabel-Canton
43.97	Park
44.00	Henry Sibley
44.02	Champlin Park
44.08	Lac Qui Parle/Dawson-Boyd
44.09	Prior Lake
44.09	St. Croix Lutheran
44.11	Mahtomedi
44.14	Orono
[40]	
44.14	Burnsville
44.14	Belle Plaine
44.16	Buffalo
44.16	Alexandria
44.19	Robbinsdale Armstrong
44.19	St. Louis Park
44.26	Stillwater
44.38	Richfield
44.40	Byron
44.42	Sauk Rapids-Rice
[50]	
44.46	Faribault
44.46	Perham
44.53	Glencoe-Silver Lake
44.53	Holy Family Catholic
44.54	Albany
44.57	Pequot Lakes
44.58	Minneapolis North
44.61	Tartan
44.61	Hillcrest Lutheran
44.62	Hutchinson
[60]	
44.64	Triton
44.65	Shakopee
44.68	Andover
44.69	Bloomington Jefferson
44.75	Esko

## 800 METER RELAY

### 2010 BESTS

1:27.63	White Bear Lake Area
1:28.39	Hopkins
1:28.52	Eden Prairie
1:28.91	Park
1:29.23	Forest Lake
1:29.42	Austin
1:29.73	Stillwater Area
1:29.78	Burnsville
1:29.89	Roseville Area
1:29.92	Edina
[10]	
1:30.00	Rosemount
1:30.20	Brainerd
1:30.28	North Branch
1:30.42	Tartan
1:30.49	Pipestone Area
1:30.51	Blaine
1:30.61	Eagan
1:30.63	St. Paul Highland Park
1:30.65	Glencoe-Silver Lake
1:30.76	Coon Rapids
[20]	
1:30.84	Spring Lake Park/St. Anthony
1:30.85	Osseo
1:30.87	Lakeville South
1:30.88	Caledonia/Spring Grove/Mabel-Canton
1:30.91	St. Paul Central/Open
1:30.8	North St. Paul
1:30.94	Sartell-St. Stephen
1:31.08	Mankato East
1:31.08	Minneapolis South
1:31.09	Foley
[30]	
1:31.19	Stewartville
1:31.48	Apple Valley
1:31.51	Robbinsdale Cooper
1:31.70	Winona
1:31.75	Richfield
1:31.76	De La Salle
1:31.77	Woodbury
1:31.84	South St. Paul
1:31.85	East Grand Forks
1:31.86	Fridley
[40]	
1:31.88	Cretin-Derham Hall
1:32.06	Prior Lake
1:32.11	St. Croix Lutheran
1:31.9	Henry Sibley
1:32.21	Cannon Falls/Randolph
1:32.23	Mahtomedi
1:32.25	Hutchinson
1:32.28	Minneapolis Washburn
1:32.37	Marshall
1:32.38	Minnetonka
[50]	
1:32.39	Wayzata
1:32.43	Farmington
1:32.43	Buffalo
1:32.46	Luverne
1:32.53	Maple Grove
1:32.60	Park Center
1:32.66	Robbinsdale Armstrong
1:32.72	Mounds View
1:32.90	New London-Spicer
1:33.00	Lakeville North
[60]	
1:33.09	Providence Academy
1:33.12	Perham
1:33.13	Willmar
1:33.13	St. Francis

1:33.27 Rochester Century  
 1:33.28 Pequot Lakes  
 1:33.31 Faribault  
 1:33.31 Pine City  
 1:33.41 Champlin Park  
 1:33.44 Kasson-Mantorville  
 [70]  
 1:33.54 Becker  
 1:33.62 Minneapolis North  
 1:33.68 Worthington  
 1:33.75 New Prague  
 1:33.83 St. Thomas Academy  
 1:33.83 Cloquet  
 1:33.87 Rochester Lourdes  
 1:33.89 Two Harbors  
 1:33.90 Waconia  
 1:33.94 La Crescent  
 [80]

3:31.61 Blue Earth Area  
 3:31.63 Moorhead  
 3:31.68 St. Cloud Tech  
 3:31.80 Bemidji  
 3:31.87 East Ridge  
 3:31.89 South St. Paul  
 3:32.12 Tartan  
 [70]  
 3:32.16 Owatonna  
 3:32.38 Little Falls  
 3:32.42 Henry Sibley  
 3:32.56 Park Center  
 3:32.65 Hutchinson  
 3:32.66 United South Central/Alden-Conger  
 3:32.84 Eastview  
 3:32.92 Pelican Rapids  
 3:33.06 Chanhassen  
 3:33.07 Mounds View  
 [80]

## 1600 METER RELAY

### 2010 BESTS

3:20.07 Stillwater Area  
 3:20.17 Austin  
 3:20.30 Eden Prairie  
 3:20.55 White Bear Lake Area  
 3:20.72 Rosemount  
 3:20.75 Robbinsdale Armstrong  
 3:20.96 Maple Grove  
 3:23.72 Blaine  
 3:23.94 Lac Qui Parle/Dawson-Boyd  
 3:24.90 Hopkins  
 [10]  
 3:25.71 Bloomington Jefferson  
 3:25.79 Buffalo  
 3:25.79 Alexandria  
 3:25.85 North Branch  
 3:25.96 Lakeville South  
 3:26.02 Morris Area  
 3:26.14 Wayzata  
 3:26.21 Belle Plaine  
 3:26.35 Farmington  
 3:26.82 Renville County West/MACCRAY  
 [20]  
 3:26.83 Mankato East  
 3:27.00 Totino-Grace  
 3:27.13 Worthington  
 3:27.17 North St. Paul  
 3:27.18 Mahtomedi  
 3:27.39 New Prague  
 3:27.47 Shakopee  
 3:27.57 Richfield  
 3:27.57 Osseo  
 3:27.80 Esko  
 [30]  
 3:28.13 Hastings  
 3:28.39 Mayer Lutheran  
 3:28.49 Kasson-Mantorville  
 3:28.65 Rochester Mayo  
 3:28.65 Fridley  
 3:28.67 Hawley/Ulen-Hitterdal  
 3:28.68 Woodbury  
 3:28.75 Plainview  
 3:28.82 Coon Rapids  
 3:28.93 Becker  
 [40]  
 3:29.07 Burnsville  
 3:29.08 Edina  
 3:29.14 Fairmont  
 3:29.48 Sartell-St. Stephen  
 3:29.50 Prior Lake  
 3:29.56 Foley  
 3:29.63 Grand Rapids  
 3:29.89 Bloomington Kennedy  
 3:30.14 Byron  
 3:30.16 St. Thomas Academy  
 [50]  
 3:30.17 La Crescent  
 3:30.22 Staples-Motley  
 3:30.32 Anoka  
 3:30.40 Eagan  
 3:30.78 Northfield/Art Tech  
 3:30.80 Rochester Century  
 3:31.00 Spring Lake Park/St. Anthony  
 3:31.03 Mankato West  
 3:31.10 Holy Family Catholic  
 3:31.14 Apple Valley  
 [60]  
 3:31.27 St. Francis  
 3:31.41 Irondale  
 3:31.59 Forest Lake

## 3200 METER RELAY

### 2010 BESTS

7:53.87 Wayzata  
 7:54.26 St. Thomas Academy  
 7:54.51 Austin  
 7:54.53 Woodbury  
 7:54.67 Blaine  
 7:57.04 Bemidji  
 7:58.86 Osseo  
 8:01.45 Buffalo  
 8:01.59 Rosemount  
 8:03.18 Eden Prairie  
 [10]  
 8:03.19 Stillwater Area  
 8:03.75 Hopkins  
 8:04.18 Irondale  
 8:04.42 Burnsville  
 8:05.72 Grand Rapids  
 8:07.89 Brainerd  
 8:08.47 Forest Lake  
 8:08.57 Albert Lea  
 8:09.18 Jackson County Central  
 8:09.21 Richfield  
 [20]  
 8:09.25 Northfield/Art Tech  
 8:09.46 Willmar  
 8:09.51 Minnetonka  
 8:10.63 Minnehaha Academy  
 8:11.60 Prior Lake  
 8:11.71 Anoka  
 8:12.60 Rochester Mayo  
 8:13.56 Moorhead  
 8:14.3 Mounds View  
 8:14.77 Andover  
 [30]  
 8:16.67 Maple Grove  
 8:16.70 Worthington  
 8:16.76 Totino-Grace  
 8:16.80 Hutchinson  
 8:16.90 Rogers  
 8:17.27 Perham  
 8:17.76 Mankato East  
 8:18.88 Martin County West  
 8:18.94 Centennial  
 8:18.96 Apple Valley  
 [40]  
 8:19.0 Henry Sibley  
 8:19.37 Cambridge-Isanti  
 8:19.5 St. Paul Central/Open  
 8:19.8 Orono  
 8:20.04 Hermantown  
 8:20.78 Mahtomedi  
 8:21.34 Fairmont  
 8:21.35 Chaska  
 8:21.41 Stewartville  
 8:22.13 Sauk Centre  
 [50]  
 8:22.4 North St. Paul  
 8:23.12 Rochester Century  
 8:23.64 Mankato West  
 8:23.69 Mora  
 8:23.82 Lakeville North  
 8:24.47 Hibbing  
 8:24.50 Roseville Area  
 8:24.53 Delano  
 8:25.56 Sartell-St. Stephen  
 8:25.60 Chanhassen  
 [60]  
 8:25.69 Esko  
 8:25.85 Proctor

8:25.94	Champlin Park	20-9	Bryce Johnson	12	Rochester Mayo
8:26.90	Alexandria	20-9	Luke Misalek	12	East Grand Forks
8:27.50	White Bear Lake Area	20-8.75	Austin Dennis	12	Walker-Hackensack-Akeley
8:27.87	Chatfield	20-8.5	Nathan Cole	11	Fergus Falls
8:28.15	Coon Rapids	20-8.5	Naakoo Omot	11	Worthington
8:28.28	Albany	20-8.5	Caleb Hamp-Sill	11	Two Harbors
8:28.85	Eagan	[70]			
8:28.94	Monticello	20-8.25	Enrique Gutierrez	11	Shakopee
[70]		20-8	Phong Dovu	10	Rosemount
8:29.12	Bloomington Jefferson	20-8	Chad Clausnitzer	12	Burnsville
8:29.65	Plainview-Elgin-Millville	20-8	Patrick Mendin	9	Blaine
8:29.82	United South Central/Alden-Conger	20-8	Taylor Kunkel	11	Byron
8:29.89	Duluth Denfeld	20-8	Brandon Giese	11	Zimmerman
8:31.20	Pequot Lakes	20-7.75	Kyle Whyte	12	North St. Paul
8:31.21	St. Francis	20-7.5	Kyle Buro	12	New Prague
8:31.36	St. Louis Park	20-7.5	DeShawn Crutch	10	Andover
8:31.52	Osakis	20-7.25	Wilbur Hubbard	11	Roseville Area
8:31.3	St. Croix Lutheran	[80]			
8:31.3	Blake	20-7.25	Adrian Wackett	12	St. Paul Como Park
[80]		20-7.25	Joe Carpenter	11	St. Michael-Albertville
		20-7.25	Adam Thacker	11	Hopkins

## LONG JUMP

### 2010 BESTS

22-10	Rumeal Harris	11	Eden Prairie
22-9.75	Jordan Jarland	12	Lanesboro/Fillmore Central
22-9	Frank Veldman	11	Eastview
22-7.75	Trevor Yedoni	11	Benilde-St. Margaret
22-2.75	Blair Riegel	12	Lakeville South
22-2.5	Jordan Benesh	12	Mankato East
22-2.5	John McCoy	11	White Bear Lake Area
22-1.25	David Percill	12	Eastview
22-0.25	Michael Sandle	11	Eden Prairie
21-11.75	Cody Thibault	12	White Bear Lake Area
[10]			
21-11	Devin Crawford-Tufts	11	Edina
21-10.25	Anthony Osifuye	12	Woodbury
21-9.5	Travis Latzke	12	Belle Plaine
21-8.75	Goaner Deng	11	Rosemount
21-8.5	Shandon Jones	12	Pipestone Area
21-8.5	Tim Halverson	12	Concordia Academy
21-8.25	Gabe Coleman	11	St. Paul Como Park
21-7.75	KeAndre Singleton	9	Minnetonka
21-7.5	Derrick Mora	11	Eagan
21-7.25	Joe Cicchese	11	North St. Paul
[20]			
21-7	Anthony Gustafson	11	Faribault
21-6.5	Kenneth McChristian	12	Bloomington Jefferson
21-6.5	Tommy Tyson	10	Forest Lake
21-5.5	Sherome Milon	12	De La Salle
21-5.25	Chase Myhran	11	Orono
21-4.75	Chris Kroeten	12	Wayzata
21-4.75	Wes Anderson	12	Moorhead
21-4.75	Evan Williams	12	De La Salle
21-4.25	Tony Hengstler	12	Mounds View
21-4	Elliot Kohler	11	Little Falls
[30]			
21-4	Kruiz Lindblad	12	Lac Qui Parle/Dawson-Boyd
21-3.75	Adam McKeon	12	Champlin Park
21-3.5	Jeremy Hallowanger	12	St. Paul Harding
21-3.25	Joe Nelson	11	Brainerd
21-3	Dontai Karnitz	9	Rochester Mayo
21-3	Nate Ricci	9	Stillwater Area
21-2.5	Kyle Riggot	11	Rochester Century
21-2.5	Emeche Wells	10	Roseville Area
21-2.25	Trey Johnson	11	Tartan
21-2	Kwamaine Fitzpatrick	12	Spring Lake Park/St. Anthony
[40]			
21-2	Ben Beniek	12	Saint John's Prep
21-1.75	David Stanley	11	Roseville Area
21-1.5	Sam Conner	11	Osseo
21-1.25	Beau Gagnon	12	Buffalo
21-1.25	Jacob Carroll	11	Mounds View
21-1.25	Brent Orndorff	12	Sartell-St. Stephen
21-1	Aaron Courtright	12	Blaine
21-1	Alex Mbali	11	Maple Grove
21-0.75	Charles Kregel	10	Eastview
21-0.5	Grant Fitzgerald	11	Medford/El Shaddai
[50]			
21-0.5	Bryan Zenke	11	Aitkin
21-0	Colin Paarmann	11	Mankato East
21-0	Andrew Lewis	11	St. Paul Central/Open
21-0	Nick Lecy	12	Yellow Medicine East
20-11.5	Tyler Maxwell	11	Prior Lake
20-11.5	Brian Huber	9	Staples-Motley
20-11.25	Beau Kashmark	11	West Central Area
20-10.75	Leo Lakpa	11	Rosemount
20-10	Greg Hynes	12	St. Louis Park
20-10	Joey Weiss	12	Glencoe-Silver Lake
[60]			
20-9.75	Brandon Teske	11	Faribault
20-9.5	Eric Kline	11	Blaine
20-9.5	Alex LaVoy	11	Mahnomen/Waubun
20-9.25	Darius Henderson	11	Lakeville South

## TRIPLE JUMP

### 2010 BESTS

49-5.5	Michael Sandle	11	Eden Prairie
46-8.25	Blair Riegel	12	Lakeville South
46-4.5	Khalil Jordan	11	Eastview
46-2.5	Frank Veldman	11	Eastview
45-8	David Percill	12	Eastview
45-4	Aaron Courtright	12	Blaine
45-3.5	R.J. Alowonle	10	Park
45-3	Tim Halverson	12	Concordia Academy
45-0.25	Rumeal Harris	11	Eden Prairie
44-10.25	Torren Dowdy	12	Coon Rapids
[10]			
44-5.75	Angus Stoudt	10	Minnetonka
44-5.5	D'Monte Farley	10	Park
44-5	Bret Deyo	12	Lac Qui Parle/Dawson-Boyd
44-3.5	Evan Gray	11	Minneapolis Southwest
44-2	Devin Kuehne	12	Fulda
44-1.25	Brandon Strickland	10	Wayzata
44-0.75	Cody Thibault	12	White Bear Lake Area
43-11	Andrew Hausmann	11	Rosemount
43-10.5	Brandon Berger	11	Worthington
43-10	Erik Oines	12	Foley
[20]			
43-9.75	Tom Hansen	11	Coon Rapids
43-7.5	Luke Erdahl	12	Minnetonka
43-6.75	Anthony Osifuye	12	Woodbury
43-4.5	Charles Kregel	10	Eastview
43-4.5	Louis Gilberton	12	Mahtomedi
43-4	Chris Kroeten	12	Wayzata
43-3.5	Jordan Hall	12	Upsala/Swanville/Grey Eagle
43-3.5	Jarret Imlay	10	Lake Crystal-Wellcome Mem/Nicollet
43-2	Caleb Coleman	11	St. Paul Como Park
43-1.5	Taylor Otto	11	Big Lake
[30]			
43-1.5	Justin Lieberg	12	Sartell-St. Stephen
43-1	Jordan Benesh	12	Mankato East
43-0.5	Jeff Schlichter	12	Grand Meadow-L-O-Southland
43-0	Chris Ambrozich	10	Spring Lake Park/St. Anthony
43-0	Larry Frazier	12	Robbinsdale Cooper
42-11.5	Colin Paarmann	11	Mankato East
42-11.5	Mishay Kalan	12	Mounds View
42-11	Tyler Irvin	11	Dassel-Cokato
42-11	Nate Mortenson	11	Blaine
42-10.75	Travis Latzke	12	Belle Plaine
[40]			
42-10.5	Adam Thacker	11	Hopkins
42-9.5	Simon Krych	11	St. Cloud Apollo
42-9	Beau Gagnon	12	Buffalo
42-9	Billy Phousongphong	12	Duluth Denfeld
42-8.5	Luke Parker	12	Eagan
42-8.5	Tony Hengstler	12	Mounds View
42-8.5	Martin Miller	11	Trinity School
42-8	Tora White	10	Minneapolis Henry
42-7.75	Austin Gray	10	Rochester Century
42-7.75	Joey Booker	10	Mankato West
[50]			
42-7.5	Dan Guelle	12	Hastings
42-6.5	Jake Bolks	12	Prior Lake
42-6.5	Mark Rice	12	Maple Grove
42-6	Aaron Anderson-Walker	12	Roseville Area
42-6	Nathan Cole	11	Fergus Falls
42-5.5	Antony Odera	10	Burnsville
42-5	Isaac Nelson	12	New Prague
42-5	Andrew Felton	12	Holy Angels
42-5	Collin Atkinson	12	Holy Family Catholic
42-4.75	Dylan Bungum	12	Triton



[60]			
42-4	Nirmal Mekala	11	Math & Science Academy
42-3.5	Julian Greenup	11	Fridley
42-3.25	Beau Kashmark	11	West Central Area
42-3.25	London Thurman	11	Rochester Century
42-3.25	Brooks Zamzow	11	Byron
42-3	Ali Abdulla	12	Maple Grove
42-2.75	Max Reinertsen	10	Esko
42-1.75	Paul Akintade	9	St. Paul Highland Park
42-1.5	Vidal Vance	11	White Bear Lake Area
42-1	Marius Lewis	10	Rosemount
[70]			
42-1	Ryan Rude	11	Bemidji
42-0.75	Ethan Turner	9	Woodbury
42-0	Latrell Snider	11	Eden Prairie
41-11.75	Brandon Dapper	11	Lakeville North
41-11	Kyle Baker	11	Montevideo
41-10.5	Derek Loewen	12	St. Croix Lutheran
41-10.25	Joe Carpenter	11	St. Michael-Albertville
41-10.25	Ben Wambheim	12	Wayzata
41-10.25	Grant Fitzgerald	11	Medford/El Shaddai
41-10	Lwabeya Mutanda	12	Robbinsdale Armstrong
[80]			

6-2	Torren Dowdy	12	Coon Rapids
[60]			
6-2	Ben Ojika	9	Irondale
6-2	Jake Wieneke	9	Maple Grove
6-2	Michael Sandle	11	Eden Prairie
6-2	Damiloa Mafe	11	Hopkins
6-2	Tucker Pearson	12	Minnetonka
6-2	Quinn Shepherd	9	Minnetonka
6-2	Sam Gustafson	9	Wayzata
6-2	Riley Myers	12	Chisago Lakes
6-2	Mike Grossman	12	Grand Rapids
6-2	Gabe Wright	10	Moorhead
[70]			
6-2	Ryan DeRoeck	12	Sartell-St. Stephen
6-2	Zach Hoppenworth	11	La Crescent
6-2	Kruiz Lindblad	12	Lac Qui Parle/Dawson-Boyd
6-2	Zach Svobodny	11	Yellow Medicine East
6-2	Jalen Jaspers	12	De La Salle
6-2	Matt Blair	12	Mayer Lutheran
6-2	Luke Zambory	12	Ogilvie
6-2	Brian Huber	9	Staples-Motley
6-2	Shawn Filipiak	11	International Falls
6-2	Zach Wohlstrom	12	Moose Lake-Willow River
(80)			
6-2	Patrick Thompson	9	Bagley/Fosston

## HIGH JUMP

### 2010 BESTS

6-10	Trevor Yedoni	11	Benilde-St. Margaret
6-9.25	Alex Mbali	11	Maple Grove
6-9	Joe Carpenter	11	St. Michael-Albertville
6-8	Luke Parker	12	Eagan
6-7	Darik Schaaf	11	Coon Rapids
6-7	Aaron Wubben	10	Central Minnesota Christian
6-7	Austin Dennis	12	Walker-Hackensack-Akeley
6-6	Frank Veldman	11	Eastview
6-6	Brandon Chretien	12	St. Michael-Albertville
6-6	Jacob Virkus	12	Grand Rapids
[10]			
6-6	Tyler Schiroo	11	Glencoe-Silver Lake
6-6	Brandon Zylstra	11	New London-Spicer
6-5	Matt Hastings	12	Anoka
6-5	Rumicho Naga	12	Minneapolis North
6-5	Jamie Crum	10	Minnetonka
6-5	Ben Wambheim	12	Wayzata
6-5	Dylan Hass	11	Princeton
6-5	Randy Juell	9	Redwood Valley
6-5	Mike Mooney	12	Maple Lake
6-4	Brandon Wolf	12	Rosemount
[20]			
6-4	Brody Ziegler	10	Mankato East
6-4	Andy Lundgren	12	Mound Westonka
6-4	Chase Myhran	11	Orono
6-4	Matt Anderson	10	Eagan
6-4	Drew Benson	12	Park
6-4	Gus Gehlen	12	Cretin-Derham Hall
6-4	Nathan Schouvieller	12	North St. Paul
6-4	Kunle Ayinde	9	Blaine
6-4	Latrell Snider	11	Eden Prairie
6-4	Marcus Thames	12	Minneapolis North
[30]			
6-4	Zach Visina	12	Duluth East
6-4	Taylor Berger	12	Elk River
6-4	Nathan Knop	12	Monticello
6-4	Michael Wistrom	12	Sartell-St. Stephen
6-4	James Walker	12	St. Croix Lutheran
6-4	Quin Leaf	11	Howard Lake-Waverly-Winsted
6-4	Beau Kashmark	11	West Central Area
6-3	Ali Smed	11	Albert Lea
6-3	DeAntre Smith	9	Roseville Area
6-3	Jake Scharber-Pikula	12	Coon Rapids
[40]			
6-3	Luke Erdahl	12	Minnetonka
6-3	Nick Welshons	11	Wayzata
6-3	Jordan Jarland	12	Lanesboro/Fillmore Central
6-3	Chase Montgomery	10	Plainview-Elgin-Millville
6-3	Isaac Tapp	11	Stewartville
6-3	Cody Koenen	12	United South Central/Alden-Conger
6-3	Tim Myles	12	International Falls
6-3	Marshal Pederson	11	East Grand Forks
6-2	Nick Bachinski	10	Lakeville South
6-2	Adam Hadro	12	Northfield/Art Tech
[50]			
6-2	Otto Pfeifferle	11	Northfield/Art Tech
6-2	Matt Wagner	12	Owatonna
6-2	Jordan Maeck	12	Rosemount
6-2	Ben Nelson	11	Orono
6-2	Trevor Trombley	12	Eastview
6-2	Nate McKenzie	10	Eastview
6-2	Gabe Simoson	10	Park
6-2	Craig Brown	12	Park
6-2	Eyram Tay	11	Prior Lake

## POLE VAULT

### 2010 BESTS

15-8	Macaulay Spandl	12	Moorhead
14-10	Nick Weis	12	Sauk Rapids-Rice
14-6	Cameron Clause	12	Mankato East
14-6	John Walfoort	12	Shakopee
14-6	Patrick Hayden	12	Robbinsdale Armstrong
14-6	Mark VanBenschoten	12	Wayzata
14-5	Chris Kolb	11	Mankato West
14-3	Tyler Massey	11	Forest Lake
14-3	Zack Smtih	11	North Branch
14-2	Anthony Puckett	12	Mayer Lutheran
[10]			
14-2	Tony Davison	12	Pillager
14-1	Jerrick Backous	12	Andover
14-0	Luke Sadergaski	11	Faribault
14-0	Connor Johnson	12	Mounds View
14-0	Riley Sikkink	11	Milaca
13-11	Kent Esslinger	11	Mankato East
13-11	Tyler Colling	11	Forest Lake
13-9	Aaron Wait	12	Byron
13-9	Jonathan Ahlfs	12	Glencoe-Silver Lake
13-9	Beau Bachman	12	St. Peter
[20]			
13-9	Jake Jenson	11	International Falls
13-8	Zach Scheppa	12	Mound Westonka
13-6	Alex Nord	12	Lakeville South
13-6	Thomas Foote	12	Rochester Mayo
13-6	Ryan Webster	11	Tartan
13-6	Matt Lueck	11	Blaine
13-6	Eric Anfinson	12	Mounds View
13-6	Joe House	12	Mounds View
13-6	Jagger Gran	10	Mounds View
13-6	Ben Besch	11	North Branch
[30]			
13-6	Jeff Dubose	12	St. Croix Lutheran
13-5	Alex Hennes	12	New Prague
13-5	Brendan Johnson	11	Moorhead
13-3	Alex Jurgenson	11	Plainview-Elgin-Millville
13-3	Cole Lubinski	11	Plainview-Elgin-Millville
13-3	Alex Peterson	12	Murray County Central
13-3	Keith Roehl	12	Foley
13-3	Bennett Mercil	11	Dilworth-Glyndon-Felton
13-2	Mike Von Arx	11	Prior Lake
13-0	Adam Kubat	11	Owatonna
[40]			
13-0	Evan McNeil	11	Holy Angels
13-0	Kyle O'Connor	12	Roseville Area
13-0	Andres Hansen	12	Minnetonka
13-0	Alexander Spencer	10	Wayzata
13-0	Mark Volker	11	Cambridge-Isanti
13-0	Alex Vitalis	11	Chisago Lakes
13-0	Carl Neumann	10	North Branch
13-0	Nathan Granzow	12	Moorhead
13-0	Brandon Poppe	11	Cannon Falls/Randolph
13-0	Ryan Thompson	12	Benson/KMS
[50]			
13-0	Kou Khang	12	St. Croix Lutheran
12-11	Randall Wempen	11	Mankato West
12-11	Chris Whitmore	11	Orono
12-11	Aero Rudd	12	St. Thomas Academy
12-11	Brett Yonen	11	Stillwater Area
12-11	Dylan Madsen	11	Tartan
12-9	Alex Hanson	12	Park
12-9	Jake Zebedee	10	Blue Earth Area

12-6	Matt Purfeerst	11	Faribault	49-6	Tim Charmoli	12	Rogers
12-6	Trevor Lucking	11	Hastings	49-4	Brady Fuchs	10	Byron
[60]				49-3.75	Alex Ginnis	12	Forest Lake
12-6	Jared Willard	11	Lakeville South	49-3.5	Akporefe Agbamu	11	Tartan
12-6	Alex Byrne	10	Red Wing	49-2.75	Aaron Johnson	12	New London-Spicer
12-6	Jake Nelson	12	Rosemount	[60]			
12-6	Ted Getzke	12	Hutchinson	49-1.25	Mat Schnorenberg	12	Mankato East
12-6	Nicholas Baird	11	Apple Valley	48-10.75	Mike Yahnke	11	Delano
12-6	John Otte	12	Bloomington Jefferson	48-10.5	Matthew Gault	12	Sartell-St. Stephen
12-6	Andy Martinez	12	North St. Paul	48-10	Dylan Peterson	12	Pierz
12-6	Travis Rademacher	10	White Bear Lake Area	48-9.25	Derek Vonnahme	12	Apple Valley
12-6	Marcel Deveaux	11	Blaine	48-9	Chris Lambach	12	South St. Paul
12-6	Tim Abel	11	Irondale	48-8.75	Nick Lee	12	Blue Earth Area
[70]				48-8.5	Chris Garin	12	Brainerd
12-6	Conner Anderson	11	Cambridge-Isanti	48-8	Joseph Malicki	11	Rosemount
12-6	Kyle Olson	11	Forest Lake	48-6.25	Cole Wilson	12	Faribault
12-6	Nate Mondry	10	Grand Rapids	[70]			
12-6	Barry Nelson	12	Brainerd	48-6.25	Caleb Huls	12	Mankato East
12-6	Tanner Nordlund	10	Sartell-St. Stephen	48-5.75	Jake Weber	11	Lakeville North
12-6	Riley Niebuhr	11	United South Central/Alden-Conger	48-3.5	Mark Nystrom	12	Lakeville North
12-6	Mitchell Porch	10	Concordia Academy	48-3.5	Zach Jensen	11	Lac Qui Parle/Dawson-Boyd
12-6	Chris Gross	12	Trinity School	48-3	Jackson Henrich	12	Morris Area
12-6	Tim Davie	10	Meadow Creek Christian	48-2.75	Hayden Lane	11	Forest Lake
12-6	Fernie Zamora	12	Minnewaska Area	48-1.75	Aaron Odland	12	Concordia Academy
[80]				48-1.5	John Schimmel	11	Farmington
12-6	Phillip Wirtz	12	Esko	48-1	Chase Johansen	11	Fergus Falls
12-6	Ryan Leverington	11	Roseau	48-0.75	Kenny Rodeski	12	Little Falls
12-6	Sam Gross	11	Roseau	(80)			

## SHOT PUT

### 2010 BESTS

62-10	Luke Johnson	11	Red Wing
61-4	Jake Fenske	11	Owatonna
60-8	Dijon Starr-Morman	12	Blaine
60-6.25	Logan Hussung	12	Farmington
60-3	Eric Stark	12	Pipestone Area
58-1	Thomas Anderson	10	Andover
56-11.75	Brian Vargason	12	Owatonna
56-5.75	Joe Bjorklund	11	Rosemount
56-4.5	Brandt Berghuis	11	Rosemount
55-3	Shawn Johnson	12	Eveleth-Gilbert
[10]			
54-9.5	Ryan Obele	12	Le Sueur-Henderson
54-5.5	Beau Allen	12	Minnertonka
53-11	Yusef Hassan	12	Burnsville
53-10	Jordon Bents	11	Worthington
53-9.75	Logan Lafferty	12	Rochester Century
53-9.25	Tyler Kubler	12	Eden Prairie
53-2	Brian King	10	White Bear Lake Area
53-2	Brian Blasey	10	Ada-Borup
52-8.75	Tanner Luke	12	Holy Family Catholic
52-5.75	Bobby Guetter	12	Alexandria
[20]			
52-5.5	Taylor Snelling	12	Litchfield
52-1.75	Rob Sybrant	12	Shakopee
51-10	Cody Christian	12	Triton
51-9	Patrick Tracy	12	St. Louis Park
51-7	Ben Tonsager	11	St. James
51-4.25	Andy Werk	11	Alexandria
51-3.5	Cortez Hamm	11	Duluth Denfeld
51-3	Jacob Frey	11	Roseville Area
51-1.5	Bryan Thell	12	Mahtomedi
50-11	Tim Newstrom	12	South St. Paul
[30]			
50-9.5	Travis Gavin	12	Blaine
50-9	Jesse Reemstma	11	Spring Lake Park/St. Anthony
50-9	Jake Lesar	11	Hermantown
50-8.75	Charlie Royce	11	Forest Lake
50-8	John Morrison	12	North Branch
50-6.75	Enoch Longford	12	Owatonna
50-6	Josh Radmonovich	12	Stillwater Area
50-6	Charlie Fernow	12	North Branch
50-5	Bryce Johnson	10	Champlin Park
50-4.75	Kyle Anderson	12	Forest Lake
[40]			
50-4.75	Matt Schmiesing	12	Paynesville Area
50-3.5	Jacob Schmidt	12	New Ulm/Cathedral
50-3.25	Aaron Anderson-Walker	12	Roseville Area
50-0	Zander Ginnis	12	Forest Lake
49-11.5	Taylor Grant	12	Eden Prairie
49-11.5	Josiah Bennett	12	Clearbrook-Gonvick
49-11.25	Tyler Minkel	12	BOLD/Bufalo Lake-Hector
49-10	Joe Diggins	12	Austin
49-9	Ben Kuhr	11	Lakeville South
49-9	Cedric Choi	12	Lakeville South
[50]			
49-8.75	Chad Thompason	12	Maple Grove
49-8	Sean Eastlund	12	Cambridge-Isanti
49-7.5	Jake Somers	12	Andover
49-6.5	Alex Larson	12	Woodbury
49-6.5	Anthony Moss	10	Big Lake

## DISCUS

### 2010 BESTS

188-4	Logan Hussung	12	Farmington
185-7	Luke Johnson	11	Red Wing
184-0	Eric Stark	12	Pipestone Area
182-4	Shawn Johnson	12	Eveleth-Gilbert
175-8	Dijon Starr-Morman	12	Blaine
175-3	Tyler Kubler	12	Eden Prairie
170-9	Bobby Guetter	12	Alexandria
170-3	Travis Gavin	12	Blaine
165-3	Jesse Reemstma	11	Spring Lake Park/St. Anthony
164-7	Joe Schmidt	12	Monticello
[10]			
164-2	Jake Weber	11	Lakeville North
163-0	Devin Sowers	11	Delano
162-0	Kyle Hoffman	12	Gibbon-Fairfax-Winth/McLeod West
161-7	David Lindell	12	New Richland-HEG
160-11	Ryan Obele	12	Le Sueur-Henderson
159-9	Tim Newstrom	12	South St. Paul
159-6	Jackson Henrich	12	Morris Area
159-5	Thomas Anderson	10	Andover
158-6	Nick Moran	11	Monticello
157-9	Brian Vargason	12	Owatonna
[20]			
155-11	Mat Schnorenberg	12	Mankato East
155-10	Taylor Snelling	12	Litchfield
155-7	Remington Goodenough	12	Edina
154-11	Brandt Berghuis	11	Rosemount
154-4	Yusef Hassan	12	Burnsville
153-9	Ben Kuhr	11	Lakeville South
153-8	John Scott	12	Glencoe-Silver Lake
153-7	Jake Fenske	11	Owatonna
153-5	Ross Otto	12	Coon Rapids
153-4	Brian Blasey	10	Ada-Borup
[30]			
153-1	Jacob Moe	11	Marshall
152-1	Daniel Grove	12	White Bear Lake Area
151-7	David Lehman	12	Spring Lake Park/St. Anthony
151-7	Dane Hoffman	12	Wadena-Deer Creek
151-5	Jason Johnson	12	Staples-Motley
151-4	Joe Bjorklund	11	Rosemount
151-4	Jacob Ruehling	12	Sibley East
151-0	Matt Wallin	11	Robbinsdale Armstrong
150-9	Torsten Rotto	11	Woodbury
150-7	Hayden Lane	11	Forest Lake
[40]			
149-11	Anthony Moss	10	Big Lake
149-7	Kyle Gronbeck	12	Moorhead
149-6	Dan Wood	11	Pelican Rapids
148-6	Ethan Knight	11	Henry Sibley
148-4	Bryan Thell	12	Mahtomedi
147-8	Will Ahlberg	12	Owatonna
147-4	Jacob Schmidt	12	New Ulm/Cathedral
147-2	Shad Spraguer	12	Mound Westonka
147-0	Brandon Peterson	12	Kenyon-Wanamingo
146-10	Chad Thompson	12	Maple Grove
[50]			
146-9	Bryce Johnson	10	Champlin Park
146-9	Ike Serre	11	Marshall School Duluth
146-8	Zach Jensen	11	Lac Qui Parle/Dawson-Boyd
146-6	Nick Brant	10	Prior Lake
146-4	Ben Hanson	11	Mounds View

146-2	Hunter Anderson	10	Hayfield
145-10	Aaron Anderson-Walker	12	Roseville Area
145-9	Chris McLeod	10	Blaine
145-8	Lars Ronnevik	12	Fergus Falls
145-7	John Morrison	12	North Branch
[60]			
145-6	Cortez Hamm	11	Duluth Denfeld
145-5	Joe Quam	11	Apple Valley
145-5	Keith Johnson	12	Annandale
145-0	Tim Charmoli	12	Rogers
144-9	Dylan Nelson	11	Atwater-Cosmos-Grove City
144-4	Evan Larson	10	Minnnetonka
144-4	Tanner Thompson	11	Alexandria
144-2	Mike Yahnke	11	Delano
144-0	Taylor Grant	12	Eden Prairie
143-11	Ben Nelson	11	Orono
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143-9	Taylor Dawson	11	Minnnetonka
143-8	Morgan Lottes	12	Big Fork
143-7	Alex Taray	11	Floodwood
143-4	Jeremy Peterson	10	Hermantown
143-3	Luke Peterson	11	Wayzata
143-1	Alex Larson	12	Woodbury
142-5	Connor Schwanke	12	Lakeville South
142-5	Cody Salo	12	Esko
141-11	Rob Sybrant	12	Shakopee
140-10	Jesse Scheiterlein	11	Sartell-St. Stephen
[80]			
140-10	Tanner Luke	12	Holy Family Catholic